

PATIENT INFORMATION SHEET

The Institute of Mental Health (IMH)/Woodbridge Hospital (IMH/WH) is a tertiary psychiatric hospital in Singapore. We strive to continually improve our services and ensure that our patients and visitors are well cared for. We recognise that each patient is unique with individual needs, strengths, values and beliefs. Our staff will strive to make your visit, consultation or hospitalisation at IMH/WH a beneficial and comfortable one.

IMH/WH adopts a multidisciplinary team approach in your care. Our psychiatrists, medical officers, nurses, allied healthcare professionals and other staff will work together with you and your caregivers to achieve the optimal outcome in your treatment. The team will also explain, educate and counsel you on your illness, treatment and care. Do approach our staff if you need any assistance.

For your easy reference, here is a summary of our services:

<u>Specialist Services</u> Child and Adolescent Psychiatry General Psychiatry Geriatric Psychiatry Forensic Psychiatry Addiction Medicine Early Psychosis Intervention Mood & Anxiety Community Psychiatry Rehabilitation Psychiatry	<u>Allied Health Services</u> Psychology Medical Social Work Occupational Therapy Physiotherapy Pharmacy Case Management	<u>Other Services</u> Diagnostic Laboratory Services X-Ray Services Dental Services (Note: these are contracted services provided by external providers)
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Visiting Hours

General Wards	Daily	12pm-2pm and 5pm-7pm
Forensic Remand (Ward 75A/B)	Sun only	10am-11am
Forensic Remand (Ward 70B)	Sat only	2:30pm-3:30pm
Criminal Procedure Code (CPC) Remand (Ward 70B)	Tue & Sat	
CPC Remand (Ward 74A/B)	Wed & Sun	

Clinic Hours (All visits are by appointment only)

Sayang Wellness Centre (SWC) Clinic 10 Buangkok View, Blk 1, L2, Singapore 539747 Tel: 6389 2200 Fax: 6389 2144	Mon-Thu: 8am-5:30pm Fri: 8am-5pm
Clinic B 10 Buangkok View, Blk 1, L1, Singapore 539747 Tel: 6389 2200 Fax: 6385 1075	
National Addictions Management Service (NAMS) Clinic 10 Buangkok View, Blk 9, B1, Singapore 539747 Tel: 6732 6837 Fax: 6315 4837	
Child Guidance Clinic (CGC) - Sunrise Wing 10 Buangkok View, Blk 3, B1, Singapore 539747 Tel: 6389 2200 Fax: 6343 5129	
Child Guidance Clinic (CGC) - Health Promotion Board 3 Second Hospital Avenue, #03-01, Singapore 168937 Tel: 6389 2200 Fax: 6536 8376	
Community Wellness Clinic (CWC) - Queenstown 580 Stirling Road, Queenstown Polyclinic L4, Singapore 148958 Tel: 6389 2200 Fax: 6471 5318	
Community Wellness Clinic (CWC) - Geylang 21 Geylang East Central, Geylang Polyclinic L4, Singapore 389707	Fri: 8am-5pm

Contact Us

Outpatient Appointments (8am to 6pm)	6389 2200 or e-mail: imh_appt@imh.com.sg
General Enquiries (24-Hour Service)	6389 2000 or e-mail: enquiry@imh.com.sg
Admission Enquiries (24-Hour Service)	6389 2003 / 6389 2004
Billing Enquiries	6407 8128
Medical Records Office	6389 2031 or email: mro_imh@imh.com.sg
Quality Service (Toll-Free) Mon – Thur - 8.30am to 5.30pm, Fri – 8.30am to 5pm	1800 386 4541 (Toll-Free) or email : qsm@imh.com.sg
Crisis Helpline (24-hour service) (Psychiatric care and treatment)	6389 2222

There are other related care activities conducted in our hospital. Do take note of the following:

- As a patient, your consent will be sought for identified treatment and investigations. If your mental condition prevents you from giving consent, your next-of-kin and lawful representative may give the consent in accordance with the legal provisions in Singapore.
- IMH/WH is gazetted under the Mental Health (Care and Treatment) Act 2008. This act allows detention of a person with a mental disorder in hospital for treatment if it is necessary in the interests of health or safety of the person or protection of other persons. Such admission is termed involuntary and the duration of detention varies from case to case. The treatment and care for such patients will be the same as other patients who are voluntarily admitted for treatment.
- Research is also undertaken in this hospital and you may be invited to participate in clinical research or clinical trials. Such trials are vetted and approved by the Domain Specific Review Board of the National Healthcare Group. If you are selected, we will get your informed consent. You can decline to participate or withdraw from any research at any time and this will not affect your care and treatment in the hospital.
- IMH/WH is an accredited teaching hospital for medical students, psychiatrists, nurses, psychologists, pharmacists, medical social workers, occupational therapists and counsellors. During your visit here, you may encounter them in the wards or clinics. Your participation in their training is however subject to your verbal consent. Please be assured that your care and treatment will not be affected should you decide not to participate.

At IMH, patient care is our utmost priority and we are committed to providing healthcare of the highest quality. Should you experience any shortcomings in your care, do inform your healthcare team. Your views and comments are important to us and will be given due consideration.

Thank you.

Dr Daniel Fung
Chief Executive Officer
Institute of Mental Health/Woodbridge Hospital