



The Graduate Diploma in Mental Health (GDMH) is a structured training programme for general practitioners (GPs) and primary care physicians. This one-year part-time programme aims to enhance participants' understanding and capability to detect and provide treatment for less severe mental health conditions in the community.

## Graduate Diploma in Mental Health

---

Jointly organised by:



**INSTITUTE  
of  
MENTAL  
HEALTH**  
National Healthcare Group



Division of Graduate Medical Studies  
Yong Loo Lin School of Medicine

### **Institute of Mental Health**

Education Office  
Tel: 6389 2263 / 6389 2246  
Email: [gdmh@imh.com.sg](mailto:gdmh@imh.com.sg)  
[www.imh.com.sg](http://www.imh.com.sg)

Feb 2023



**INSTITUTE  
of  
MENTAL  
HEALTH**  
National Healthcare Group

## Course Structure

The Graduate Diploma in Mental Health course curriculum consists of the following modules:

- 1 **Psychosis**
- 2 **Mood, Anxiety and Grief**
- 3 **Addiction**
- 4 **Child and Adolescent Mental Health, including Learning Disabilities**
- 5 **Psychogeriatrics**
- 6 **Personality Disorders and Psychological Therapies**

caring for  
your community's  
mental health

## Learning Objectives

The curriculum is delivered through lectures, case discussions, case write-up assignments and clinical attachments, with close supervision and guidance from IMH doctors.

Participants will learn more about:

- Identifying and diagnosing common psychiatric disorders
- The principles of different treatment approaches
- Applying assessment methodologies to different mental health disorders
- Managing and prescribing basic psychiatric medications

## Eligibility

The course is open to the following:

- Doctors with a recognised basic medical degree qualification registered with the Singapore Medical Council
- GPs who have completed housemanship
- GPs with an interest in mental health, including GPs on the Mental Health-GP Partnership Programme
- Primary care physicians; and
- Doctors with an interest in mental health

## Registration

Registration for each new intake starts in March to July with the course commencing in September. Applicants who complete the course are eligible for 80%\* course fee subsidy from MOH and CME points.

\*subject to terms and conditions

To register your interest, please write to [gdmh@imh.com.sg](mailto:gdmh@imh.com.sg)



Scan QR code  
for more information

