

Workshop on Early Psychosis Intervention

Overview

This workshop will help you identify individuals with early psychosis, learn how to recognise early warning signs, understand the importance of early intervention and identify approaches to encourage help seeking behaviours.

Learning objectives

At the end of the workshop, participants will be able to:

1. Describe what psychosis is and the warning signs for early identification
2. Explain principles of treatment and the importance of early intervention
3. Illustrate use of screening questions to elicit psychotic symptoms in a conversation
4. Identify barriers in seeking treatment and discuss ways to motivate parents and/or young persons to seek treatment

The training will be delivered by our experienced allied health professionals, who have specialisation in working with persons with psychosis and their family members. Modes of delivery will include lectures, videos, role plays, real life case vignettes, and group discussions to create an interactive learning process with real-world applications.

Duration: 7 hours

Target participants: Mental Health workers, social workers, youth workers and counsellors

ABOUT EPIP

The Early Psychosis Intervention Programme (**EPIP**) is a national programme initiated in April 2001 under the auspices of the Health Services Development Programme of the Singapore Ministry of Health. We provide comprehensive treatment through an integrative recovery-oriented approach to all patients with first-episode psychosis between the ages of 12 and 40.

Our EPIP Mission is:

- Advocacy and empowerment of people affected by psychosis
- To inspire hope towards personal and holistic recovery
- To support and empower caregivers and families
- To collaborate with community stakeholders to ensure continuity of care
- To pursue and advance psychosis research for the delivery of evidence based and innovative care
- To enhance recovery through early detection, accessible care, and intervention