### PROGRAMME

**Day 1 (Friday, 27 September 2013)**

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<th>TIME</th>
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| 1340   | Welcome Speeches  
A/Prof Chua Hong Choon, Chief Executive Officer, Institute of Mental Health  
A/Prof Swapna Verma, Chairperson, SMHC Organising Committee |
| 1350   | Opening Speech  
Official opening of SMHC by Guest of Honour, Dr Amy Khor, Senior Minister-of-State, Ministry of Health and Ministry of Manpower and Mayor, South West District |
| 1400   | Opening Plenary  
Singapore’s Mental Healthcare: Are We Headed in the Right Direction?  
Mdm Halimah Yacob, Speaker of Parliament and Member of Parliament for Jurong GRC |
| 1410   | TEA BREAK |
| 1500   | Breakout Sessions |
| 1530   | Session 1  
Venue: Garnet 216-217  
Addictions: “A Peek into Behavioural Addictions”  
Speakers:  
- Dr Gomathinayagam Kandasami (Chairperson), Consultant/Acting Chief, National Addictions Management Services (NAMS), IMH  
- Mr S.B. Viknesan, Senior Counsellor, National Addictions Management Services (NAMS), IMH  
- Ms Angeline Voon, Counsellor, National Addictions Management Services (NAMS), IMH  
- Mr Lawrence Tan, Senior Psychologist, National Addictions Management Services (NAMS), IMH |
| 1600   | Session 2  
Venue: Garnet 218  
Humanities in Psychiatry: “The Human Touch: Personal Reflections of a Psycho-geriatrician”  
Speakers:  
- Dr Aaron Ang, Consultant and Head, Dept of Psychological Medicine, Tan Tock Seng Hospital  
- Ms Sng Yan Ling, Head, Centre of Excellence For Healthy Mind, Adult Health Division, Health Promotion Board (HPB) |
| 1700   | Session 3  
Venue: Garnet 219  
Rehabilitation: “Empowering Lives Through Advancements in Psychiatric Rehabilitation”  
Speakers:  
- Dr Leong Jern-Yi Joseph, Consultant, Dept of Community Psychiatry, IMH  
- Dr Tan Bhing Leet, Head and Principal Occupational Therapist, Dept of Occupational Therapy, IMH  
- Mr Julius Chan, Peer Specialist, Singapore Association for Mental Health (SAMH)  
- Mr Victor Tng, Centre Head, Community Rehabilitation and Support Services (Yishun), Singapore Anglican Community Services (SACS)  
Chairperson: Dr Eu Pui Wai, Senior Consultant and Director, Rehabilitation Services, Dept of General Psychiatry, IMH |
| 1700   | Screening of Feature Film  
‘Recipe’ - a short film on Dementia by Health Promotion Board |

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The Singapore Mental Health Conference is organised in conjunction with the Singapore Health and Biomedical Congress 2013. Mental health experts from Singapore and overseas will be sharing a plethora of information on psychiatry ranging from research findings to clinical practices, nursing, medical education and primary healthcare.
Day 2 (Saturday, 28 September 2013)

0800
REGISTRATION

0900
Plenary 2
Insights from Hong Kong: How Mental Health Has Evolved and Strategies to Meet Changing Needs
Dr William Lo, Chief Executive, Kwai Chung Hospital, and Service Director (Mental Health), Kowloon West Cluster, Hong Kong SAR

1000
TEA BREAK

1030
Breakout Sessions

Session 4
Venue: Garnet 216-217
Therapeutic Rapport: "PAC Personality Analysis: Communicating Effectively in Mental Health"
Speakers:
• Dr Jessica Leong
  Clinical Director, Executive Counselling and Training Academy (ECTA)
• Dr Daphne Tan
  Director, Executive Counselling and Training Academy (ECTA)
  Chairperson:
  Dr Tan Chue Tin
  Consultant Psychiatrist, Tan Chue Tin Clinic Pte Ltd

Session 5
Venue: Garnet 218
Physical Health and Mental Well-being: "Singapore's Mental Health Landscape: Needs, Challenges and Way Forward"
Speakers:
• A/Prof Chong Siow Ann
  (Chairperson), Vice Chairman Medical Board (Research) and Chairman Clinical Research Committee, IMH
• Dr Hiroto Ito
  Director, Dept of Social Psychiatry, National Institute of Mental Health, National Centre for Neurology and Psychiatry, and Visiting Professor, Yamanashi University, Japan
• Dr Goh Yen Li
  Consultant, General Psychiatry 2, and Programme Director, GP Partnership Programme, IMH
• Dr Mark Yap Siong Yew
  GP Partner and Family Physician, Cashew Medical and Surgery Clinic

Session 6
Venue: Garnet 219
Mood Disorder: "I'm Depressed, So Whose Problem Am I?"
Speakers:
• Dr Mok Yee Ming
  (Chairperson), Consultant and Deputy Chief, Dept of General Psychiatry, IMH
• Ms Teo Puay Leng
  Clinical Director, O'Joy Care Services
• Dr Helen Chen
  Head and Senior Consultant, Dept of Psychological Medicine, KKH
• Ms Ang Hui Juan
  Case Manager, Case Management Unit, IMH

1200-1300
Plenary 3
Measuring Quality and Safety in Mental Healthcare
Dr Hiroto Ito, Director, Dept of Social Psychiatry, National Institute of Mental Health, National Centre for Neurology and Psychiatry, Japan, and Visiting Professor, Yamanashi University, Japan

1300
LUNCH

1400-1530
Breakout Sessions

Session 7
Venue: Garnet 216-217
Nursing: "Leading Change, Advancing Mental Health Nursing"
Speakers:
• Prof Sally Chan Wai Chi
  Professor, Alice Lee Centre for Nursing Studies, National University of Singapore
• Dr Pyanee Yobas
  Faculty, Alice Lee Centre for Nursing Studies, National University of Singapore
• Ms Wong Chui Ping
  Advance Practice Nurse, IMH
• Ms Bindhu Sukumaran Nair
  Advance Practice Nurse, IMH
  Chairperson:
  Mr Raveen Dev
  Advanced Practice Nurse, IMH

Session 8
Venue: Garnet 218
Forensic Psychiatry: "Dare to Care Behind Bars?"
Speakers:
• Dr Jaydip Sarkar
  (Chairperson), Consultant, Dept of General and Forensic Psychiatry, IMH
• Dr Jerome Goh
  Consultant and Chief, Dept of General and Forensic Psychiatry, IMH
• Mr Roger Tan
  Senior Medical Social Worker, Medical Social Work Dept, IMH
• Dr Sudha Nair
  Executive Director, PAVe (Centre for Promoting Alternatives to Violence)

Session 9
Venue: Garnet 219
SYPT – Psychiatry Education: "Boundaries Beyond Psychiatry: Other Career Paths"
Speakers:
• Adj A/Prof Nicholas Chew
  Senior Consultant, Dept of Psychological Medicine, TTDH, Designated Institutional Official, NHG-AHPL Residency Programme
• Dr Ang Yong Guan
  Psychiatrist, Private Practice
• Dr Alex Su
  Senior Consultant and Chief, General Psychiatry, IMH
  Chairperson:
  Dr Timothy Teoh
  Registrar, SAF and Chairman, Singapore Young Psychiatrists and Trainees (SYPT)

1530
TEA BREAK

1600
Closing Plenary

The Singapore Experience: Riding the Waves of Mental Healthcare's Changing Needs
• Dr Tan Weng Mooi, Chief, Community Mental Health Division, Agency for Integrated Care
• A/Prof Chua Hong Choon, Chief Executive Officer, Institute of Mental Health

1700
Closing Remarks

Official closing of SMHC by A/Prof Chua Hong Choon, Chief Executive Officer, Institute of Mental Health

END

For enquiries and registration, please email smhc2013@imh.com.sg.