The Singapore Mental Health Conference is organised in conjunction with the Singapore Health and Biomedical Congress 2013. Mental health experts from Singapore and overseas will be sharing a plethora of information on psychiatry ranging from research findings to clinical practices, nursing, medical education and primary healthcare.

**PROGRAMME**

**Day 1 (Friday, 27 September 2013)**

<table>
<thead>
<tr>
<th>TIME</th>
<th>EVENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>1200</td>
<td>REGISTRATION</td>
</tr>
<tr>
<td>1330</td>
<td>Opening Remarks</td>
</tr>
<tr>
<td></td>
<td>Official opening of SMHC by Guest-of-Honour, Dr Amy Khor, Minister-of-State, Ministry of Health and Ministry of Manpower and Mayor, South-West District.</td>
</tr>
<tr>
<td>1400</td>
<td>Opening Plenary</td>
</tr>
<tr>
<td></td>
<td>Singapore’s Mental Healthcare: Are We Headed in the Right Direction?</td>
</tr>
<tr>
<td></td>
<td>Mdm Halimah Yacob, Speaker of Parliament and Member of Parliament for Jurong GRC</td>
</tr>
<tr>
<td>1500</td>
<td>TEA BREAK</td>
</tr>
<tr>
<td>1530-1700</td>
<td>Breakout Sessions</td>
</tr>
</tbody>
</table>

**Session 1**
Venue: Garnet 216
Addictions: “A Peek into Behavioural Addictions”
Speakers:
- Dr Gomathinayagam Kandasami (Chairperson), Consultant/Acting Chief, National Addictions Management Services (NAMS), IMH
- Mr S.B. Viknesan, Senior Counsellor, National Addictions Management Services (NAMS), IMH
- Ms Angeline Voon, Counsellor, National Addictions Management Services (NAMS), IMH
- Mr Lawrence Tan, Senior Psychologist, National Addictions Management Services (NAMS), IMH

**Session 2**
Venue: Garnet 218
Humanities in Psychiatry: “The Human Touch: Personal Reflections of a Psycho-geriatrician”
Speakers:
- Dr Aaron Ang, Consultant and Head, Dept of Psychological Medicine, Tan Tock Seng Hospital
- SenGkH An, Consultant and Deputy Chief, Dept of Geriatric Psychiatry, IMH

**Session 3**
Venue: Garnet 219
Rehabilitation: “Empowering Lives Through Advancements in Psychiatric Rehabilitation”
Speakers:
- Dr Leong Jern-Yi Joseph, Consultant, Dept of Community Psychiatry, IMH
- Dr Tan Bhing Leet, Head and Principal Occupational Therapist, Dept of Occupational Therapy, IMH
- Mr Julius Chan, Peer Specialist, Singapore Association for Mental Health (SAMH)
- Mr Victor Tng, Centre Head, Community Rehabilitation and Support Services (Yishun), Singapore Anglican Community Services (SACS)

Chairperson:
- Dr Eu Pui Wai, Senior Consultant and Director, Rehabilitation Services, Dept of General Psychiatry, IMH
<table>
<thead>
<tr>
<th>TIME</th>
<th>EVENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>0800</td>
<td>REGISTRATION</td>
</tr>
<tr>
<td>0900</td>
<td>Plenary 2: Insights from Hong Kong: How Mental Health Has Evolved and Strategies to meet Changing Needs. Dr William Lo, Chief Executive, Kwai Chung Hospital, and Service Director (Mental Health), Kowloon West Cluster, Hong Kong SAR</td>
</tr>
<tr>
<td>1000</td>
<td>TEA BREAK</td>
</tr>
<tr>
<td>1030</td>
<td>Breakout Sessions</td>
</tr>
</tbody>
</table>
|       | Session 1: Venue Garnet 216 Quality of Life: “PAC Personality Analysis: Communicating Effectively in Mental Health” Speakers:  
• Dr Jessica Leong, Clinical Director, Executive Counselling and Training Academy (ECTA)  
• Dr Daphne Tan, Director, Executive Counselling and Training Academy (ECTA) Chairperson: Dr Tan Chue Tin, Consultant Psychiatrist, Tan Chue Tin Clinic Pte Ltd |
|       | Session 2: Venue Garnet 218 Physical Health and Mental Well-being: “Singapore's Mental Health Landscape: Needs, Challenges and Way Forward” Speakers:  
• A/Prof Chong Siow Ann (Chairperson), Vice Chairman Medical Board (Research) and Chairman Clinical Research Committee, IMH  
• Dr Goh Yen Li, Consultant, General Psychiatry 2, and Programme Director, GP Partnership Programme, IMH |
|       | Session 3: Venue Garnet 219 Mood Disorder: “I’m Depressed, So Whose Problem Am I?” Speakers:  
• Dr Mok Yee Ming, (Chairperson), Consultant and Deputy Chief, Dept of General Psychiatry, IMH  
• Ms Teo Puay Leng, Clinical Director, O’Joy Care Services  
• Dr Helen Chen, Head and Senior Consultant, Dept of Psychological Medicine, KKH  
• Ms Ang Hui Juan, Case Manager, Case Management Unit, IMH |
| 1200  | LUNCH |
| 1330-1500 | Breakout Sessions |
|       | Session 1: Venue Garnet 216 Nursing: “Leading Change, Advancing Mental Health Nursing” Speakers:  
• Prof Sally Chan Wai Chi, Professor, Alice Lee Centre for Nursing Studies, National University of Singapore.  
• Dr Piyaneey Yobas, Faculty, Alice Lee Centre for Nursing Studies, National University of Singapore.  
• Miss Wong Chui Ping, Advance Practice Nurse, IMH  
• Miss Bindthu Sukumaran Nair, Advance Practice Nurse, IMH Chairperson: Mr Rapeen Dev, Advanced Practice Nurse, IMH |
|       | Session 2: Venue Garnet 218 Forensic Psychiatry: “Dare to Care Behind Bars?” Speakers:  
• Dr Jaydip Sarkar (Chairperson), Consultant, Dept of General and Forensic Psychiatry, IMH  
• Dr Jerome Goh, Consultant and Chief, Dept of General and Forensic Psychiatry, IMH  
• Mr Roger Tan, Senior Medical Social Worker, Medical Social Work Dept, IMH  
• Dr Sudha Nair, Executive Director, PAve (Centre for Promoting Alternatives to Violence) |
|       | Session 3: Venue Garnet 219 SYPT – Psychiatry Education: “Boundaries Beyond Psychiatry; Other Career Paths” Speakers:  
• Adj A/Prof Nicholas Chew, Senior Consultant, Dept of Psychological Medicine, TTSH, Designated Institutional Official, NHG-AHPL Residency Programme.  
• Dr Ang Yong Guan, Psychiatrist, Private Practice  
• Dr Alex Su, Senior Consultant and Chief, General Psychiatry, IMH Chairperson: Dr Timothy Teoh, Registrar, SAF and Chairman, Singapore Young Psychiatrists and Trainees (SYPT) |
| 1500  | TEA BREAK |
| 1530  | Closing Plenary: The Singapore Experience: Riding the Waves of Mental Healthcare’s Changing Needs?  
• A/Prof Chua Hong Choon, Chief Executive Officer, Institute of Mental Health  
• Dr Tan Weng Mooi, Chief, Community Mental Health Division, Agency for Integrated Care |
| 1630  | Closing Remarks  
Official closing of SMHC by A/Prof Chua Hong Choon, Chief Executive Officer, Institute of Mental Health |

For enquiries and registration, please email smhc2013@imh.com.sg.