

Researcher Profile

Name: A/Professor Swapna Kamal Verma



Present Appointment:

- Chairman Medical Board, Institute of Mental Health
- Senior Consultant Psychiatrist, Institute of Mental Health

Contact Information:

Institute of Mental Health, Singapore
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Research Areas:

- Early Psychosis Intervention
- Schizophrenia
- Patient Participatory Research

Teaching Areas:

- Member, National Exam Committee

Awards/Honours (Post-PhD):

- Duke-NUS Outstanding Educator Award in Oct 2009, NHG Education Leader Award, 2012 and IMH Clinical Mentorship Award, Jan 2016

Career History:

Professor Swapna completed her residency training in Psychiatry at Baylor College of Medicine in Houston, Texas, USA and obtained her board certification from the American Board of Psychiatry & Neurology in 2002. She started her academic career with the Singapore Early Psychosis Intervention Programme (EPIP) in 2001. As the Chief of EPIP, she ensured that EPIP was at the forefront of patient care, research and training. EPIP has won prestigious awards including the WHO award for research in health promotion in 2004 as well as the inaugural National Medical Excellence Team award in 2008. She is the Programme Director of the CHAT, a national initiative for youth mental health. She also served as Chief of Departments of Psychosis and East from Aug 2017 to Nov 2019 before being appointed as Chairman Medical Board of IMH since Dec 2019.

Administrative Leadership:

- Member of Residency Advisory Committee, MOH
- Member, Institute of Mental Health JCI Committee and PFE Chapter Leader
- Chairman, Duke-NUS Students' Conduct committee

Professional/Consulting Activities:

- International Advisory Board Member, International Association of Youth Mental Health
- Vice-President, Asian Network of Early Psychosis
- Member, Community Care Manpower Development Award Committee, AIC
- Advisor, Peer Specialist Programme, NCSS

Major Publications:

Two-Year Clinical and Functional Outcomes of an Asian Cohort at Ultra-High Risk of Psychosis. Chan CT, Abdin E, Subramaniam M, Tay SA, Lim LK, **Verma S**. *Frontiers in Psychiatry*. 2019 Jan; 9:758. doi: 10.3389/fpsy.2018.00758.

Evaluating Singapore's CHAT Assessment Service by the World Mental Health Organization (WHO) "Youth Friendly" Health Services Framework. Lee YP, Ngaiman NKB, Poon LY, Jalil HBA, Yap MH, Abdin E, Subramaniam M, Lee H, **Verma S**. *Frontiers in Psychiatry*. 2019 Jun; 10:422.

First-episode psychosis and vocational outcomes: A predictive model. Chua YC, Abdin E, Tang C, Subramaniam M, **Verma S**. *Schizophrenia Research*. 2019 Sep; 211:63-68.

Predictors of Suicide in Asian Patients with First Episode Psychosis. Mitter N, Subramaniam M, Abdin E, Poon LY, **Verma S**. *Schizophrenia Research* 2013 Dec, 151(1-3):274-8.

Subramaniam M, Abdin E, Poon LY, Vaingankar JA, Lee H, Chong SA, **Verma S**. EQ-5D as a measure of programme outcome: Results from the Singapore early psychosis intervention programme. *Psychiatry Research*. 2014 Jan; 30;215(1):46-51.

Verma S, Subramaniam M, Abdin E, Poon LY, Chong SA. Symptomatic and functional remission in patients with first-episode psychosis. *Acta Psychiatrica Scandinavica*. 2012 Oct; 126(4):282-9.

Verma S, Subramaniam M, Liew A, Poon LY. Metabolic Risk Factors in Drug-Naive Patients with First-Episode Psychosis. *The Journal of Clinical Psychiatry*. 2009 Jul; 70(7), 997-1000.