

## Researcher Profile

**Name:** Adjunct Associate Professor Ong Say How

**Present Appointment:** Senior Consultant

**Contact Information:**

Institute of Mental Health, Singapore  
Department of Child & Adolescent Psychiatry  
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**Research Areas:**

- Child and Adolescent Mental Health
- Medical Education
- Attention Deficit Hyperactivity Disorder
- Depression
- Non-Suicidal Self-injury
- Suicide
- Cyber bullying

**Teaching Areas:**

- Undergraduate and Graduate Medical School
- Psychiatry Residency

**Awards/Honours (Post-PhD):**

- Public Administration Medical (Bronze), Medical, 2020

**Career History:**

- Specialist Accreditation in Psychiatry since 1999
- Overseas HMDP in Child Psychiatry 2004-2005
- Chief of Department of Child & Adolescent Psychiatry since 2011
- Visiting Consultant to KKH Department of Psychological Medicine since 2012

**Administrative Leadership:**

- Chief of Department of Child & Adolescent Psychiatry
- Psychiatry Lead, Lee Kong Chian School of Medicine, NTU

**Professional/Consulting Activities:**

- Life Member, Singapore Psychiatric Association
- Chair, Section of Child & Adolescent Psychiatry, College of Psychiatrists, Academy of Medicine Singapore
- Board Member, Singapore Association of Mental Health

**Major Publications:**

**Ong SH**, Caron A. Family-based Psychoeducation for Children and Adolescents with Mood Disorders. *Journal of Child & Family Studies*. 2008 Dec; 17(6):809-822.

**Ong SH**, Tan YR. Internet Addiction in Young People. *Annals of the Academy of Medicine, Singapore*. 2014 Jul; 43(7):378-82.

**Ong SH**, Tan ACY, Liang WZJ. Functions of Nonsuicidal Self-Injury in Singapore Adolescents: Implications for Intervention. *Asian Journal of Psychiatry*. 2017 Aug; 28:47-50.