The SASSI Study

A nutritional and social skills intervention on conduct disorder and hyperactivity


The SASSI Study is the first to test the efficacy of conjoint Omega-3 / social skills treatment programme, and the first to identify possible mechanisms by which Omega-3 reduces antisocial behaviour in youths in Singapore. Participants will be randomly assigned to one of the four treatment groups: (1) Omega-3 + standard parent training, (2) Social skills + Omega-3 placebo + Standard parent training, (3) Social skills + Omega-3 + Standard parent training (4) Standard parent training + Omega-3 placebo.

Our study is funded by the National Medical Research Council, Singapore, at $889,535 for 4 years. The team, led by A/Prof Daniel Fung, includes internationally recognised academics and practitioners from various institutions in Singapore and North America, including Nanyang Technological University (Singapore), Singapore Institute of Clinical Sciences, University of Pennsylvania (United States), and the National Institutes of Health (United States).

Recruitment has been completed and our last participant is expected to finish the study in June 2013. The study team would like to thank all our participants who have been part of our big SASSI study family.

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Here, you can find some of the preliminary findings we have published to date from the data collected. The list will be expanded as more analysis becomes available.

**Journal Article(s):**


**Symposium(s):**


Poster(s) / Abstract(s):


