



Our Care Philosophy

In caring for our patients, we strongly believe in the importance of understanding the needs of the individuals. Our care team sees patients beyond their diagnosis and we value the relationships we have with them and their caregivers.

We respect preferences and regard patients as partners when we set goals, devise care plans and decide treatment options. Constant engagement with our patients and their families in the decision-making process is likely to bring about more positive treatment outcomes. Thus, our team is greatly interested to understand from caregivers our patients' likes, dislikes and habits to provide them with better care.

Facilities

Recognising that holistic care is important in patients' recovery, Sunshine Wing is equipped with facilities to support this care. They include the garden, fitness room, visitor room, therapy room, occupational therapy room, sensory room, and reminiscence room.

Garden

The garden serves as a therapeutic space for patients to relax while they enjoy the sight of flowers and scent of herbs, arousing multiple senses. It also has wandering paths with hand rails for patients to stroll and exercise in a natural environment. Patients can also do gardening activities here.



Sunshine Wing is a 50-bed geriatric inpatient acute ward serving psychiatric patients 65 years old and above. The ward is equipped with elderly and dementia-friendly features and unique facilities that aim to improve their care. Wards A and B are for male and female patients respectively.

Fitness Corner

Equipped with modern exercise machines, the fitness corner looks out to the garden. Patients undergo various forms of exercise under the supervision of physiotherapists to strengthen muscles and improve balance.



Visitor Room

The ward has three visitor rooms allowing visiting family members to spend time with their loved ones in a private and cozy environment.



Therapy Room

Specially designed to allow patients to focus on their activities and not be distracted by the surroundings, the therapy room also offers patients the opportunity to enjoy the latest video game technology – Kinect, where they can play stimulating games that involve limb exercises.



Occupational Therapy Room

The Occupational Therapy room is set up to simulate a typical home where patients are assessed and trained to perform activities of daily living, such as cooking and conduct activities to promote physical and psychosocial well-being, and facilitate integration into community living. Such occupational therapy sessions may be conducted in a group or individually.

