

Medical Social Work



The Medical Social Work department at the Institute of Mental Health comprises a team of Medical Social Workers and Social Work Assistants. We work closely with our multidisciplinary team of psychiatrists, psychologists, nurses, occupational therapists and community service partners to provide psychosocial services to patients and their caregivers.

Mission

We aim to help patients and their caregivers alleviate psychosocial problems so as to enable them to derive maximum benefit from the treatment of their illnesses and to reintegrate into the community.

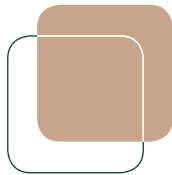
Our Services

We work with patients and their families, individually or jointly to identify their respective psychosocial needs. We are trained to assess and attend to the psychological and social conditions and needs, and where necessary, to direct them to relevant resources that can alleviate their problems.

Our core services include:

Casework Management, where we assist in the following areas:

- Information and Referral
- Financial / practical assistance and referrals
- Psychiatric Rehabilitation
- Care Planning
- Risk assessment and intervention for domestic violence and child abuse



Counselling Services

To assist patients in coping with their illness and personal difficulties through individual counselling.

Family and Marital Counselling

To address issues relating to communication and relationship difficulties.

Caregiver Support to equip and support caregivers in their journey of caring for patients.

Family Psychoeducation Programme to educate families on mental illnesses and coping strategies to care for patients.

Training and Public Education where we partner our healthcare team to provide educational sessions to our community partners on mental health issues. These sessions are conducted through seminars, talks or workshops.

Referral Process

If you need our assistance, please approach your attending doctor for a referral to our department.

INSTITUTE OF MENTAL HEALTH
Medical Social Work
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Operating Hours
Monday – Friday: 8.00am to 5.00pm

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医疗社工



INSTITUTE
of MENTAL
HEALTH

Loving Hearts, Beautiful Minds

心理卫生学院属下的医疗社工部主要由医疗社工及社工助理所组成。我们通过与综合医疗团队,其中包括、心理医生、心理学家、护士、职能治疗师以及社区服务伙伴的紧密合作,为病人及他们的看护者提供社会心理服务。

使命

我们的使命是帮助减轻病人及其看护者的社会心理问题,使他们能够从治疗中获得最大利益,并重新融入社会。

服务项目

我们为病人和家属提供以个别或共同咨询,帮助确认他们的社会心理需求。

我们受过专业训练,能够评估和照顾他们在心理上及社会环境上的需求,并在必要时,将他们转介给能够解决他们其他困难的相关机构。

主要服务有:

个案管理,我们从以下几个方面提供协助:

- 资讯及转介
- 经济/实际援助和转介
- 精神康复
- 照护计划
- 家庭暴力和虐待儿童问题的风险评估和处理



个人辅导

通过个别辅导,帮助病人学习应对病情及其他困难。

家庭与婚姻辅导

通过辅导,正视沟通和感情方面的问题。

家庭心理教育计划

教导家属有关心理疾病的知识,以及照顾病人的应对策略。

照顾者支持

在照顾病人的过程中,给予看护者训练和支持。

培训和公众教育

我们与本院的医疗团队合作,通过研讨会、讲座或讨论会的方式,为社区合作伙伴提供有关心理健康问题的教育课程。

转介过程

如果您需要我们的帮助,请向您的主治医生咨询有关转介到我们部门的相关服务。

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服务时间
周一至周五: 上午8点至下午5点

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