



Registration can be done via email:

Email [IMH-GPP@imh.com.sg](mailto:IMH-GPP@imh.com.sg)

with your Name, MCR number, Clinic Name, Address and contact numbers.

Greetings from the GP-Partnership Programme Team. This is the eighth issue of our quarterly e-newsletter and we aim to provide the latest updates from the GPP team.

We are happy to hear from our partners, please email us at [IMH-GPP@imh.com.sg](mailto:IMH-GPP@imh.com.sg)

### Registration for our upcoming GPP-CME Event:

Handling children with Autism Spectrum Disorders (ASD) can be challenging and rewarding at the same time. Our two speakers, Dr. Chin Chee Hon and Ms. Pearl Lock, from the Neuro-Behavioural Clinic - Autism Services, Department of Child and Adolescent Psychiatry at the Institute of Mental Health will be presenting on the topic "**Autism: A Workshop For GPs**". Dr. Chin will be presenting on ASD, its presentations and management for Primary Care. Ms. Lock speakers will be presenting on the behavioral issues that may arise from these group of children and the suitable interventions.

Dr. Chin Chee Hon is Consultant in the Neuro-Behavioural Clinic - Autism Services, Department of Child and Adolescent Psychiatry. Dr. Chin is trained in the UK and has a Certificate of Completion of Training in Child and Adolescent Psychiatry from the UK Postgraduate Medical Education and Training Board. Ms. Pearl Lock is a senior clinical psychologist providing diagnostic and cognitive assessments; as well as individual and group interventions for children and adolescents with ASD. Ms. Lock believes in empowering parents – teaching them to help their children grow and develop to their full potential.

We would like to invite you to attend our GP Forum on **1 March 2014**, Saturday afternoon 1pm to 4.30pm at **Mandarin Orchard Singapore**, located conveniently in the Orchard Area.

## Autism: A Workshop For GPs



Free Registration  
Lunch Provided  
2 CME points pending

1 Mar 2014, Saturday  
1300 - 1645  
Mandarin Orchard Hotel



Organized By:  
**Mental Health-GP Partnership Programme**  
Institute of Mental Health

1300-1400: Lunch

1400-1415: Welcome Address

Dr Alvin Lum  
Deputy Director, MH-GP Partnership Programme, IMH  
Family Physician

1415-1430: Introduction to depression screening with the  
Patient Health Questionnaire (PHQ-9)

Dr Sharon Sung  
Senior Clinical Psychologist, Department of Child & Adolescent Psychiatry, IMH

1430-1530: An Overview of Autism and Services in Singapore

Dr Chin Chee Hon  
Consultant Psychiatrist, Neuro-Behavioural Clinic - Autism Services, IMH

1530-1600: Interventions and Strategies for Autism Spectrum Disorders

Ms Pearl Lock  
Senior Clinical Psychologist, Neuro-Behavioural Clinic - Autism Services, IMH

1600-1645: Q&A/ Coffee & Refreshments

Supported through an educational grant by:



To register, please email to [IMH-GPP@imh.com.sg](mailto:IMH-GPP@imh.com.sg)  
(Do indicate Name, MCR number, Clinic Name,  
Address and contact numbers)

For any enquiries, please contact Dorine 6389 2765

1 March 2014

Mandarin Orchard Hotel

333 Orchard Road, S238867, Mandarin Ballroom III, 6th Floor, Main Tower

## MH-GP Partnership Forum on 23 Nov 2013

### “Challenging the Challenges: A GPs Guide to Intellectual Disability”

On 23<sup>rd</sup> November 2013, 60 GPs attended the forum at Regent Hotel, 12:30pm to 4:30pm.

**Dr. Diana Ruth Andrea Barron** was the main speaker, and she spoke about the topic on “The Challenges”. She shared useful tips on how to detect challenging behavior through the 5 components of assessment, namely Risk, Communication, Physical Health, Mental Health and (Functional) Assessment of Behavior. Our 2<sup>nd</sup> speaker, **Ms. Lim Jan Mei** (Senior Clinical Psychologist) also shared on the assessment of behaviors and intervention from the psychological point of view.



The Q&A session was responded enthusiastically with a lot of questions from the GPs. At the end of the forum, most participants rated this forum positively through their feedback forms.



GPPP Talk 23 Nov 13

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**GDMH Final Examination & GPP Engagement: Saturday, 23rd November 2013, 1400 - 1600 Regent Hotel**

On Saturday, 23<sup>rd</sup> November 2013, the 3<sup>rd</sup> cohort of 25 GPs sat for the final examination for the 2013-2014 Graduate Diploma in Mental Health course, held at the Regent Hotel. This event marked the culmination of a year of hard work and sacrifice for all the GPs, who had made it all the way to the final exam. This exam is the 'final hurdle' which the GPs had to clear in order to successfully complete the course. With all the effort and hard work that the GPs have put in throughout the course, we are confident that they will do well and achieve the desired results.

After the exam, **Dr. Goh Yen Li**, Director, GP-Partnership Programme, gave a brief overview of the programme to the GPs. We would also like to welcome the new batch of GPs who have joined us as our partners.

Yours truly,  
Dr. Goh Yen-Li  
Consultant