

GPP e-News Quarterly

Greetings from the Mental Health – GP Partnership Programme (MH-GPP) Team. This is the sixteenth issue of our quarterly e-newsletter and we aim to provide the latest updates from the GPP team. We are happy to hear from our partners, please email us at IMH-GPP@imh.com.sg.

UPCOMING EVENTS

5th Graduation Ceremony for Graduate Diploma in Mental Health, 23 April 2016:

The Graduation Ceremony for the Graduate Diploma in Mental Health (GDMH) was held on Saturday, 23rd April 2016 at the Goodwood Park Hotel. This year saw 17 graduates successfully complete the 12-month programme.

In addition, 7 graduates from this cohort (out of 10 eligible) have signed up with the GP Partnership Programme (GPPP). We would like to take this opportunity to welcome them as our GP Partners.

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Email:
IMH-GPP@imh.com.sg
Contact:
Gina - 6389 2765



MH-GP Partnership Forum on 23 April 2016

"Managing Addictions in the Community: An Interactive Workshop for GPs":

MH-GPP organised a GP workshop "Managing Addictions in the Community: An Interactive Workshop for GPs" on 23rd April 2016 at Goodwood Park Hotel, attended by 66 GPs.

The workshop was led by Dr Guo Song, a Senior Consultant and Mr Lawrence Tan, a Senior Psychologist, both from the National

Addictions Management Service (NAMS), Addiction Medicine Department at IMH.

In the first half of the workshop, Dr Guo Song's informative session covered the definition and characteristics of alcohol and drug addiction, as well as treatment options. Mr Lawrence Tan focused on the assessment tools and engagement of patients for early detection and diagnosis. He also shared on NAMS services and national helplines for addictions.

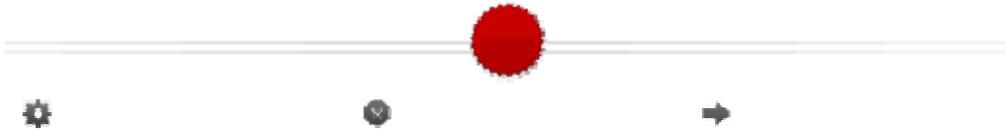
The second half of the workshop was interactive with the participants allocated to 2 groups for case discussion. Participants had the opportunity to discuss issues related to screening, brief intervention and counselling skills.

The overall feedback from GPs was positive. The coverage and depth of the talk were adequate while concepts and skills presented relevant for use in the primary care setting.





Yours truly,
Dr Goh Yen-Li
Senior Consultant



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Institute of Mental Health · Buangkok Green Medical Park · 10 Buangkok View · Singapore 148943 · Singapore

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