

**GRADUATE DIPLOMA IN MENTAL HEALTH (GDMH) COURSE SCHEDULE 2019-2020**

MODULE	PERIOD	CONTENT	DATE	TIME	VENUE
Module 1: Psychosis	07/09/19 TO 31/10/19	Lecture 1. Psychopathology & Interviewing a patient with Psychosis	07/09/19	2.30pm - 5.30pm	Education Hub EH-05
		Lecture 2. Schizophrenia	14/09/19	2.00pm - 5.00pm	Education Hub EH-05
		Lecture 3. Other Psychotic disorders	21/09/19	2.00pm - 5.00pm	Education Hub EH-05
		Lecture 4. Treatment & Management of Psychotic Disorder in Primary Care	28/09/19	2.00pm - 5.00pm	Education Hub EH-06
		Lecture 5. Concept of Early Intervention	05/10/19	2.00pm - 5.00pm	Education Hub EH-05
		Module Examination	02/11/19	2.00pm - 2.30pm	Education Hub EH-05
Module 2: Mood, Anxiety & Grief	02/11/19 TO 31/12/19	Lecture 1. Approach to Depression	02/11/19	2.30pm - 4.00pm	Education Hub EH-05
		Lecture 2. Bipolar Disorder Workshops / Case Discussions		4.30pm - 6.30pm	Education Hub EH-05
		Lecture 3. Approach to Anxiety	09/11/19	2.00pm - 3.30pm	Education Hub EH-05
		Lecture 4. Grief and Bereavement Workshops / Case Discussions		4.00pm - 6.00pm	Education Hub EH-05
		Lecture 5. Living and Being Well	16/11/19	2.00pm - 3.30pm	Education Hub EH-05
		Module Examination	04/01/20	2.00pm - 2.30pm	Education Hub EH-05
Module 3: Addiction	04/01/20 TO 29/02/20	Lecture 1. I. Benzodiazepine abuse & dependence II. Medical Complications & Psychiatric Co-morbidity	04/01/20	2.30pm - 5.30pm	Education Hub EH-05
		Lecture 2. Substance abuse & dependence	11/01/20	2.00pm - 4.30pm	Education Hub EH-05
		Lecture 3. Alcohol abuse & dependence	18/01/20	2.00pm - 5.00pm	Education Hub EH-05
		Lecture 4. I. Pathological Gambling & Behavior Addictions II. 12 Step Groups & Other Therapeutic Strategies	25/01/20	2.00pm - 5.30pm	Education Hub EH-05
		Module Examination	07/03/20	2.00pm - 2.30pm	Education Hub EH-05
Module 4: Child and Adolescent Mental Health including Learning Disabilities	07/03/20 TO 30/04/20	Lecture 1. Introduction and behaviour problems in children	07/03/20	2.30pm - 4.00pm	Education Hub EH-05
		Lecture 2. Emotions and emotional disorders		4.30pm - 5.30pm	
		Lecture 3. Developmental and other childhood disorders		5.30pm - 6.30pm	
		Lecture 4. Psychosocial interventions in children and adolescents	14/03/20	2.00pm - 4.00pm	Education Hub EH-05
		Workshops / Case Discussions		4.30pm - 6.30pm	
		Workshops / Case Discussions	21/03/20	2.00pm - 6.00pm	Education Hub EH-05
		Module Examination	02/05/20	2.00pm - 2.30pm	Education Hub EH-05
Module 5: Psychogeriatric	02/05/20 TO 30/06/20	Lecture 1. Anxiety Disorders, Sleep Disorders and Somatization in the Elderly	02/05/20	2.30pm - 5.30pm	Education Hub EH-05
		Lecture 2. Depression, Suicide and Risk Assessment	09/05/20	2.00pm - 4.00pm	Education Hub EH-05
		Lecture 3. Psychotic Disorders in the Elderly		4.30pm - 6.30pm	
		Lecture 4. Mental Capacity Assessment	16/05/20	2.00pm - 4.00pm	Education Hub EH-05
		Lecture 5. Mild Cognitive Impairment & Dementia		4.30pm - 6.30pm	Education Hub EH-05
		Module Examination	04/07/20	2.00pm - 2.30pm	Education Hub EH-05
Module 6: Borderline & Antisocial Personality Disorders, Overview Of Psychosocial Intervention & Addiction and Cognitive Behavioral Therapy	04/07/20 TO 31/08/20	Lecture 1. Borderline and Antisocial Personality Disorders	04/07/20	2.30pm - 5.30pm	Education Hub EH-05
		Lecture 2. Overview of Psychosocial Intervention and Addictions (Brief Intervention & Motivational Interviewing)	11/07/20	2.00pm - 5.00pm	Education Hub EH-05
		Lecture 3. Cognitive Behavioral Therapy	18/07/20	2.00pm - 4.00pm	Education Hub EH-05
		Module Examination	05/09/20	2.00pm - 2.30pm	Education Hub EH-05
Final Examination			07/11/20	2.00pm - 4.00pm	Education Hub EH-05

Updated as of 21 Mar 2019

NUS & IMH reserve the right to make changes to the course schedule