

Researcher Profile

Name: Professor Siow-Ann Chong



Present Appointment:

- Senior Consultant Psychiatrist, Institute of Mental Health
- Adjunct Professor, Lee Kong Chian School of Medicine, Nanyang Technological University
- Adjunct Professor, Saw Swee Hock School of Public Health, National University of Singapore

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Research Areas:

- Psychosis
- Psychiatric Epidemiology
- Health Service Research

Teaching Areas:

- Chief Examiner, Psychiatric Residency Programme

Awards/Honours:

2006 World Health Organization State of Kuwait Prize for Research in Health Promotion
2006 NHG Researcher-Investigator-Scientist Enabler Award
2007 Senior Clinician Scientist Investigator Award (National Medical Research Council)
2007 National Healthcare Group Annual Scientific Congress Best Oral Paper (Medicine, Paediatrics) (Co-Investigator)
2008 National Clinical Excellence Team Award (Principal Investigator)
2008 National Healthcare Group Distinguished Achievement Award
2011 Galloway Memorial Lecture and Gold Medal (Academy of Medicine, Singapore)
2012 Best Publication Silver Award, Annals of the Academy of Medicine, Singapore
2014 Best Publication Bronze Award, Annals of the Academy of Medicine, Singapore
2016 NHG Distinguished Senior Clinician Award
2016 The Public Administration Medal (Bronze) (National Day Awards)
2017 Distinguished Psychiatrist Award (Singapore Psychiatric Association)
2019 GCEO's Distinguished Research Mentor Awards (National Healthcare Group)
2020 Clinical Mentorship Awards (Institute of Mental Health)

Career History:

- Vice Chairman Medical Board (Research), Institute of Mental Health
- Senior Consultant Psychiatrist, Institute of Mental Health (present)

Major Publications:

Chong SA, Vaingankar J, Abdin E, Subramaniam M. The prevalence and impact of major depressive disorder among Chinese, Malays and Indians in an Asian multi-racial population. *Journal of Affective Disorders* 2012; 138(1-2):128-136.

Chong SA, Abdin E, Vaingankar JA, Heng D, Sherbourne C, Yap M, Lim YW, Wong HB, Ghosh-Dastidar B, Kwok KW, Subramaniam M, A population-based survey of mental disorders in Singapore. *Annals of the Academy of Medicine, Singapore* 2012, Feb; 41(2):49-18.

Chong SA, Abdin E, Sherbourne C, Vaingankar JA, Heng D, Yap M, Subramaniam M. Treatment gap in mental health care: The Singapore Perspective. *Epidemiology and Psychiatric Sciences* 2012, 21(2):195-202.

Subramaniam M, Vaingankar JA, Abdin E, **Chong SA**. Obsessive Compulsive Disorder: Prevalence, Correlates, Help-Seeking and Quality of Life in a Multiracial Asian Population. *Social Psychiatry and Psychiatric Epidemiology* 2012, Dec; 47(12):2035-2043.

Subramaniam M, Abdin E, Vaingankar JA, Nan L, Heng D, McCrone P, Chong SA. Impact of psychiatric disorders and chronic psychical conditions on health-related quality of life: Singapore Mental Health Study. *Journal of Affective Disorder* 2013, 147(1-3):325-330.

Chong SA, Vaingankar JA, Abdin E, Subramaniam M. Mental disorder: employment and work productivity in Singapore. *Social Psychiatry and Psychiatric Epidemiology* 2013, 48(1):117-123.

Subramaniam M, Abdin E, Vaingankar JA, Chong SA. Prevalence, correlates, comorbidity and severity of bipolar disorder: Results from the Singapore Mental Health Study. *Journal of Affective Disorder* 2013, 146(2):189-196.

Subramaniam M, Abdin E, Vaingankar JA, Verma S, **Chong SA**. Latent structure of psychosis in the general population: Results from the Singapore Mental Health Study. *Psychological Medicine* 2013, 11:1-10.

Subramaniam M, **Chong SA**, Vaingankar JA, Abdin E, Chua BY, Chua HC, Eng GK, Heng D, Hia SB, Huang W, Jeyagurunathana A, Kua J, Lee SP, Mahendran R, Magadi H, Malladi S, McCrone P, Pang S, Picco L, Sagayadevan V, Sambasivam R, Seng KH, Seow E, Shafie S, Shahwan S, Tan LL, Yap M, Zhang Y, Ng LL, Prince M. Prevalence of dementia in people aged 60 years and above: Results from the WiSE study. *Journal of Alzheimer's Disease* 2015, Jan 1;45(4):1127-1138.

Abdin E, Subramaniam M, Achilla E, **Chong SA**, Vaingankar JA, Picco L, Sambasivam R, Pang S, Chua BY, Ng LL, Chua HC, Heng D, Prince M, McCrone P. The Societal Cost of Dementia in Singapore: Results from the WiSE Study. *Journal of Alzheimer's Disease* 2016 Feb; 6;51(2):439-449.

Chong SA, Abdin E, Picco L, Pang S, Jayagurunathan A, Vaingankar JA, Kwok KW, Subramaniam M. Recognition of mental disorders among a multiracial population in Southeast Asia. *BMC Psychiatry* 2016 May;16(1):121.

Subramaniam M, Abdin E, Vaingankar JA, Shafie S, Chua BY, Sambasivam R, Zhang YJ, Shahwan S, Chang S, Chua HC, Verma S, James L, Kwok KW, Heng D, **Chong SA**. Tracking the mental health of a nation: prevalence and correlates of mental disorders in the second Singapore mental health study. *Epidemiol Psychiatr Sci.* 2019 Apr 5;29.

Goh CMJ, Shahwan S, Lau JH, Ong WJ, Tan GTH, Samari E, Kwok KW, Subramaniam M, **Chong SA**. Advancing research to eliminate mental illness stigma: an interventional study to improve community attitudes towards depression among University students in Singapore. *BMC Psychiatry.* 2021 Feb 18;21(1):108.