

Researcher Profile

Name: Associate Professor Mythily Subramaniam

Present Appointment:

Assistant Chairman Medical Board (Research), Institute of Mental Health
Consultant, Ministry of Health, Singapore
Associate Professor, Saw Swee Hock School of Public Health, NUS



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Research Areas:

- Epidemiology
- Psychosis
- Dementia

Teaching Areas:

- Qualitative Research
- Epidemiology of mental disorders

Awards/Honours (Post-PhD):

- Annals Academy of Medicine, Best Publication Silver Award 2012 (Title: A Population-based Survey of Mental Disorders in Singapore)
- Annals Academy of Medicine, Best Publication Bronze 2014 (Title: Hoarding in an Asian Population: Prevalence, Correlates, Disability and Quality of Life)
- Annals Academy of Medicine, Best Publication Gold Award 2016 (Title: Prevalence of Depression among Older Adults - Results from the Well-Being of the Singapore Elderly Study)
- Annals Academy of Medicine, Best Publication Bronze Award 2018 (Title: Quality of life across mental disorders in psychiatric outpatients)

Career History:

- Director, Research Division, Institute of Mental Health and Woodbridge Hospital, Singapore
- Senior Manager, SingHealth Office of Research
- Manager, Community Addiction Management Programme, Institute of Mental Health and Woodbridge Hospital, Singapore

Administrative Leadership: NA

Professional/Consulting Activities:

- Stakeholders' Perceptions of the ACTION Programme : Findings from the semi structured interviews and focus group discussions'

Major Publications:

Subramaniam M, Abdin E, Vaingankar JA, Shafie S, Chua BY, Sambasivam R, Zhang YJ, Shahwan S, Chang S, Chua HC, Verma S, James L, Kwok KW, Heng D, Chong SA. Tracking the

mental health of a nation: prevalence and correlates of mental disorders in the second Singapore mental health study. *Epidemiol Psychiatr Sci*. 2020;29:e29.

Subramaniam M, Chong SA, Vaingankar JA, Abdin E, Chua BY, Chua HC, Eng GK, Heng D, Hia SB, Huang W, Jeyagurunathana A, Kua J, Lee SP, Mahendran R, Magadi H, Malladi S, McCrone P, Pang S, Picco L, Sagayadevan V, Sambasivam R, Seng KH, Seow E, Shafie S, Shahwan S, Tan LL, Yap M, Zhang Y, Ng LL, Prince M. Prevalence of Dementia in People Aged 60 Years and Above: Results from the WiSE Study. *Journal of Alzheimer's Disease*. 2015; 45(4):1127-1138.

Vaingankar JA, Chong SA, Abdin E, Picco L, Jeyagurunathan A, Zhang Y, Sambasivam R, Chua BY, Ng LL, Prince M, **Subramaniam M**. Care participation and burden among informal caregivers of older adults with care needs and associations with dementia. *International Psychogeriatrics*. 2016 Feb; 28(2):221-231.

Liu J, Lim MSM, Ng BT, Chong SA, **Subramaniam M**, Mahendran R. Global emotion dysregulation and maladaptive cognitive emotion regulation strategies mediate the effects of severe trauma on depressive and positive symptoms in early non-affective psychosis. *Schizophrenia Research*. 2020 May 27:S0920-9964(20)30294-2.

Subramaniam M, Abdin E, Vaingankar JA, Shafie S, Chua HC, Tan WM, Tan KB, Verma S, Heng D, Chong SA. Minding the treatment gap: results of the Singapore Mental Health Study. *Social Psychiatry Psychiatric Epidemiology*. 2020 Nov;55(11):1415-1424.

Hendriks S, Peetoom K, Bakker C, van der Flier WM, Papma JM, Koopmans R, Verhey FRJ, de Vugt M, Köhler S;**Subramaniam M** et al. Global Prevalence of Young-Onset Dementia: A Systematic Review and Meta-analysis. *JAMA Neurology*. 2021 Jul 19. doi: 10.1001/jamaneurol.2021.2161.