



Liu Jianlin

Research Fellow, Research Division, IMH
Adjunct Assistant Professor, Department of Psychology,
NUS

Research Interests:

- Post-Traumatic Stress Disorder and Trauma Sequelae (e.g. Dissociation)
- Scalable and Early Interventions for Mental Health
- Clinical Health Psychology

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Biography

Dr. Liu Jianlin is a Research Fellow at the Institute of Mental Health (IMH) and an Adjunct Assistant Professor with the Department of Psychology, National University of Singapore (NUS). He leads research studies on traumatic stress and mental health. Dr. Liu obtained his PhD from the Yong Loo Lin School of Medicine, NUS under the President's Graduate Fellowship (Lee Kong Chian Scholarship). Dr. Liu has published his research in several reputable international journals in psychiatry and clinical psychology. Dr. Liu was the first Asian recipient of the prestigious 2019 European Association of Psychosomatic Medicine (EAPM) Young Investigator Award for his first-authored published work on fear of cancer recurrence in the *Journal of Psychosomatic Research*. He was awarded the 2021 Singapore Allied Health Gold Award for his work on elucidating latent classes of Adverse Childhood Experiences in Singapore. Most recently, Dr. Liu was awarded the competitive 2022 NMRC Open-Fund Young Individual Research Grant to advance knowledge in assessment and intervention for trauma and severe mental illness. Dr. Liu is an American Psychological Association (APA) Editorial Fellow with *Psychological Assessment*. He is also the Consulting Editor for *Psychological Bulletin*, *Psychological Trauma: Theory, Research, Practice, and Policy*, and *Journal of Traumatic Stress*.

Selected Publications

Liu, J., Tan, C., Ho, J. C., Tang, C., Verma, S., & Subramaniam, M. (2025). Dissociation as transdiagnostic mediator between trauma exposure and the post-traumatic stress disorder-psychosis symptom spectrum: A structural equation modelling meta-analysis. [*Journal of Affective Disorders*](#), 381, 592-634.

Liu, J., Tan, B. C. W., Abdin, E., Padmini, Y. S., Oh, J. Y., Chong, S. A., & Subramaniam, M. (2024). Health care utilization, productivity losses, and burden of adverse childhood experiences in Singapore: Findings from a national survey. [*Psychological trauma: Theory, Research, Practice, and Policy*](#).

Liu, J., Teh, W. L., Tan, R. H. S., Chang, S. S. H., Lau, B. J., Chandwani, N., ... & Subramaniam, M. (2024). Evaluating a maladaptive personality-informed model of social support and post-traumatic stress disorder. [*Journal of Affective Disorders*](#).

Liu, J., Teh, W.L., Tan, R.H.S., Tan, Y.B., Chandwani, N., & Subramaniam, M. (2021). Sleep disturbance as transdiagnostic mediator between adverse childhood experiences and psychopathology in children and adolescents: A structural equation modelling meta-analyses. [*JCPP Advances*](#). In press.

Liu, J., Shahwan, S., Abdin, E., Vaingankar, J.A., Basu, S., Tang, C., Verma, S., & Subramaniam, M. (2022). Adverse childhood experiences and positive psychotic symptoms: A nationally representative study in Singapore. [*Child Abuse & Neglect*](#), 131, 105778.

Liu, J., Abdin, E., Vaingankar, J.A., Verma, S., Tang, C., & Subramaniam, M. (2022). Profiles of adverse childhood experiences and protective resources on high-risk behaviors and physical and mental disorders: Findings from a national survey. [*Journal of Affective Disorders*](#), 303, 24-30.

Liu, J., Abdin, E., Vaingankar, J.A., Lim, M.S.M., Verma, S., Tang, C., Shafie, S., Shahwan, S., & Subramaniam, M. (2021). Positive mental health framework of transdiagnostic factors in elucidating the association between adverse childhood experiences and severe mental disorders. [*Australian and New Zealand Journal of Psychiatry*](#). Advance online publication.

Liu, J., Mahendran, R., Chong, S.A., & Subramaniam, M. (2021). Elucidating the impact of childhood, adulthood, and cumulative lifetime trauma exposure on psychiatric symptoms in early schizophrenia spectrum disorders. [*Journal of Traumatic Stress*](#), 34, 137-148.

Liu, J., Lim, M., Ng, B.T., Chong, S.A., Subramaniam, M., & Mahendran, R. (2020). Global emotion dysregulation and maladaptive cognitive emotion regulation strategies mediate the effects of severe trauma on depressive and positive symptoms in early non-affective psychosis. [*Schizophrenia Research*](#), 222, 251-257.

Liu, J., Subramaniam, M., Chong, S.A., & Mahendran, R. (2020). Maladaptive Cognitive Emotion Regulation Strategies and Positive Symptoms in Schizophrenia Spectrum Disorders: The Mediating Role of Global Emotion Dysregulation. [*Clinical Psychology & Psychotherapy*](#), 27(6), 826-836.

Selected Publications (continued)

Liu, J., Chua, J.J-X., Chong, S.A., Subramaniam, M., & Mahendran, R. (2020). The impact of emotion dysregulation on positive and negative symptoms in schizophrenia spectrum disorders: A systematic review. [*Journal of Clinical Psychology*](#), 76(4), 612-624.

Liu, J., Subramaniam, M., Chong, S.A., & Mahendran, R. (2019). A systematic examination of cognitive emotion regulation strategies, global emotion dysregulation, and cognitive insight in relation to post-traumatic stress disorder symptoms among trauma exposed patients with early nonaffective psychosis. [*Psychological Trauma: Theory, Research, Practice, and Policy*](#). Advance online publication.

Notable Research Awards & Grants from Past 5 Years

2022 NMRC Open-Fund Young Individual Research Grant

2021 Singapore Allied Health Award (Gold)

2019 European Association of Psychosomatic Medicine (EAPM) Young Investigator Award

Translating Research into Healthcare

(Optional section, for featuring notable media coverage received.)

N/A