

## **MEDIA STATEMENT**

Date of Issue: 18 June 2025

### **IMH discontinues its Mental Health Helpline number with the launch of national mindline 1771.**

1. With the launch of Singapore's first national mental health helpline and textline service, national mindline 1771, on 18 June 2025, the Institute of Mental Health (IMH) will be retiring its Mental Health Helpline (MHH) 6389 2222.
2. IMH launched MHH in 2007 for patients discharged from the hospital and their caregivers who might require support during recovery. The helpline was later made available to members of the public in 2014, serving as a triage and advice resource for individuals facing emotional or mental health challenges ranging from emotional distress, relationship and family conflicts to enquiries related to mental health conditions and providing support to loved ones with mental health struggles.
3. To ease the transition to national mindline 1771, IMH has put in place a temporary measure to route all calls to 6389 2222 to national mindline 1771. From 6pm, 18 June 2025 to 30 September 2025, individuals who call 6389 2222 will hear a recorded message that the number is no longer in use, before their call is automatically forwarded and they are connected with a counsellor from national mindline 1771 for mental health support.
4. Moving forward, for mental health support, the public can reach national mindline 1771 via:
  - Hotline: Dial 1771
  - WhatsApp: Message 6669-1771
  - Webchat: Visit [mindline.sg/fsmh](https://mindline.sg/fsmh)

**- END -**

### **For media queries, please contact:**

Ms Lalitha Naidu  
Institute of Mental Health  
Email: [LN\\_GOPAL\\_KRISHNAN@imh.com.sg](mailto:LN_GOPAL_KRISHNAN@imh.com.sg)



### **About National Healthcare Group**

The National Healthcare Group (NHG) is a leader in public healthcare in Singapore recognised for delivering high value patient care. Our clinical services are provided through an integrated system of primary care polyclinics, acute care tertiary hospitals, community hospitals, national specialty centres, and community-based ambulatory care centres. Together, we provide comprehensive, holistic, and innovative healthcare to address the needs of our patients and the population we serve. As a learning organisation, we are establishing ourselves as an academic health system to drive clinical excellence, raise research intensity and grow our academic partnerships to continually improve the way we deliver care to our patients.

As the Regional Health Manager for 1.5 million residents in Central and North Singapore, NHG collaborates with private general practices, public and community health and social care providers to keep residents well and healthy.

With more than 20,000 healthcare professionals in NHG, we are committed towards building healthier and resilient communities, and Adding Years of Healthy Life to the people we serve.

For more information [www.nhg.com.sg](http://www.nhg.com.sg).

### **Follow us on**

[Facebook](#) | [Instagram](#) | [LinkedIn](#) | [TikTok](#)

### **About the Institute of Mental Health (IMH)**

The Institute of Mental Health (IMH), a member of the National Healthcare Group, is the only tertiary psychiatric care institution in Singapore. Located on the sprawling 23-hectare campus of Buangkok Green Medical Park in the north-eastern part of Singapore, IMH offers a multidisciplinary and comprehensive range of psychiatric, rehabilitative and therapy services in hospital-based and community-based settings. The 2,000-bedded hospital aims to meet the needs of three groups of patients – children and adolescents (aged below 19 years), adults and the elderly. Besides providing clinical services, IMH dedicates resources to carry out mental health promotion and raise mental health literacy. IMH also leads in mental health research and training the next generation of mental health professionals in Singapore.

For more information, please visit [www.imh.com.sg](http://www.imh.com.sg).

### **Follow us on**

[Facebook](#) | [LinkedIn](#) | [Instagram](#) | [YouTube](#)