GRADUATE DIPLOMA IN MENTAL HEALTH (GDMH) - COHORT 15 PROGRAMME SCHEDULE 2025-2026

COURSE	PERIOD	CONTENT	DATE	TIME	VENUE
		Orientation	13/09/25	1.45pm - 2.30pm	IMH Education Hub
COURSE 1: PSYCHOSIS	13/09/25 TO 31/10/25	Lecture 1. * Psychopathology & Interviewing a patient with Psychosis	13/09/25	2.30pm - 5.30pm	IMH Education Hub
		Lecture 2. Schizophrenia	20/09/25	2.00pm - 5.00pm	IMH Education Hub
		Lecture 3. * Other Psychotic disorders	27/09/25	2.00pm - 5.00pm	IMH Education Hub
		Lecture 4. * Treatment & Management of Psychotic Disorder in Primary Care	04/10/25	2.00pm - 5.00pm	IMH Education Hub
		Lecture 5. * Concept of Early Intervention	11/10/25	2.00pm - 5.00pm	IMH Education Hub
		Course Examination	01/11/25	2.00pm - 2.30pm	IMH Education Hub
COURSE 2: MOOD & ANXIETY	01/11/25 TO 31/12/25	* Approach to Depression	01/11/25	2.30pm - 5.30pm	IMH Education Hub
		Lecture 1. * Approach to Anxiety			
		* Suicide, Risk Assessment and Mental Health Legislation			
		Lecture 2. * Bipolar Disorder	08/11/25	2.00pm - 4.00pm	IMH
		Lecture 3. * Living and Being Well		4.00pm - 5.30pm	Education Hub IMH Education Hub
		Course Examination	03/01/26	2.00pm - 2.30pm	IMH Education Hub
COURSE 3: ADDICTION	03/01/26 TO 28/02/26	* I. Benzodiazepine abuse & dependence	03/01/26	2.30pm - 5.30pm	IMH Education Hub
		Lecture 1. II. Medical Complications & Psychiatric Co-morbidity			
		Lecture 2. * Substance abuse & dependence	10/01/26	2.00pm - 4.30pm	IMH Education Hub
		Lecture 3. * Alcohol use disorder	17/01/26	2.30pm - 5.00pm	IMH Education Hub
		* I. Pathological Gambling & Behavior Addictions Lecture 4.	24/01/26	2.00pm - 4.00pm	IMH
		II. 12 Step Groups & Other Therapeutic Strategies	2 1/ 02/ 20	4.00pm - 5.00pm	Education Hub
		Course Examination	07/03/26	2.00pm - 2.30pm	Education Hub
COURSE 4: CHILD & ADOLESCENT MENTAL HEALTH INCLUDING LEARNING DISABILITIES	07/03/26 TO 30/04/26	Lecture 1. * Introduction and behaviour problems in children	07/03/26	2.30pm - 4.30pm	Education Hub
		Lecture 2. Neurodevelopmental disorders		2.00pm - 3.00pm	IMH Education Hub
		Lecture 3. Attention Deficit Hyperactive Disorder		3.00pm - 4.00pm	Luucation nub
		Lecture 4. Emotional disorders	21/03/26	2.00pm - 3.30pm	IMH Education Hub
		Lecture 5. * Psychosocial Interventions in children and adolescents		3.30pm - 5.30pm	
		* Case Studies and Discussions workshop	28/03/26	2.00pm - 6.00pm	IMH Education Hub
		Course Examination	02/05/26	2.00pm - 2.30pm	IMH Education Hub
COURSE 5: PSYCHOGERIATRIC	02/05/26 TO 30/06/26	Lecture 1. * Anxiety Disorders, Sleep Disorders and Somatization in the Elderly	02/05/26	2.30pm - 5.30pm	IMH Education Hub
		Lecture 2. Mild Cognitive Impairment & Dementia	09/05/26	2.00pm - 4.00pm	IMH
		Lecture 3. * Psychotic Disorders in the Elderly		4.00pm - 6.00pm	Education Hub
		Lecture 4. * Mental Capacity Assessment		2.00pm - 4.00pm	IMH Education Hub
		Lecture 5. * Grief and Bereavement	16/05/26	4.00pm - 6.00pm	IMH
		Course Examination	04/07/26	2.00pm - 2.30pm	Education Hub
COURSE 6: PERSONALITY DISORDERS & PSYCHOLOGICAL THERAPIES	04/07/26 TO 31/08/26	Lecture 1. * Managing Borderline and Antisocial Personality Disorders in General Practice	04/07/26	2.30pm - 5.30pm	Education Hub
		Lecture 2. * Psychological Treatment for Addictive Disorders	11/07/26	2.00pm - 5.00pm	Education Hub IMH
		Lecture 3. * Cognitive Behavioral Therapy	18/07/26	2.00pm - 4.00pm	Education Hub IMH
		Course Examination	05/09/26	2.00pm - 2.30pm	Education Hub IMH
		Final Examination	24/10/26	2.00pm - 4.00pm	Education Hub NUS
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^{*} There will case discussion assessment incorporated in the lecture. Case discussion assessment is a requisite to the course examination.

Note: Students have to achieve 75% lecture attendance for all courses to be eligible for the course examinations.