

**GRADUATE DIPLOMA IN MENTAL HEALTH (GDMH) - COHORT 16  
PROGRAMME SCHEDULE 2026-2027**

COURSE	PERIOD	CONTENT	DATE	TIME	VENUE
<b>Orientation</b>			<b>12/09/26</b>	<b>1.45pm - 2.30pm</b>	<b>IMH Education Hub</b>
<b>COURSE 1: PSYCHOSIS</b>	<b>12/09/26 TO 31/10/26</b>	<b>Lecture 1.</b> * Psychopathology & Interviewing a patient with Psychosis	12/09/26	2.30pm - 6.00pm	IMH Education Hub
		<b>Lecture 2.</b> Schizophrenia	19/09/26	2.00pm - 5.00pm	IMH Education Hub
		<b>Lecture 3.</b> * Treatment & Management of Psychotic Disorder in Primary Care	26/09/26	2.00pm - 5.00pm	IMH Education Hub
		<b>Lecture 4.</b> * Other Psychotic disorders	03/10/26	2.00pm - 5.00pm	IMH Education Hub
		<b>Lecture 5.</b> * Concept of Early Intervention	10/10/26	2.00pm - 5.00pm	IMH Education Hub
		<b>Course Examination</b>	07/11/26	2.00pm - 2.30pm	IMH Education Hub
<b>COURSE 2: MOOD, ANXIETY &amp; GRIEF</b>	<b>07/11/26 TO 31/12/26</b>	<b>Lecture 1.</b> * Approach to Depression	07/11/26	2.45pm - 4.45pm	IMH Education Hub
		<b>Lecture 2.</b> * Approach to Anxiety * Suicide, Risk Assessment and Mental Health Legislation	14/11/26	2.00pm - 4.00pm	IMH Education Hub
				4.00pm - 5.30pm	IMH Education Hub
		<b>Lecture 3.</b> * Bipolar Disorder * Living and Being Well	21/11/26	2.00pm - 4.30pm	IMH Education Hub
			21/11/26	4.30pm - 5.30pm	IMH Education Hub
		<b>Course Examination</b>	02/01/27	2.00pm - 2.30pm	IMH Education Hub
<b>COURSE 3: ADDICTION</b>	<b>02/01/27 TO 28/02/27</b>	<b>Lecture 1.</b> * Substance abuse & dependence	02/01/27	2.45pm - 5.15pm	IMH Education Hub
		<b>Lecture 2.</b> * I. Benzodiazepine abuse & dependence II. Medical Complications & Psychiatric Co-morbidity	09/01/27	2.00pm - 5.00pm	IMH Education Hub
				2.00pm - 4.30pm	IMH Education Hub
		<b>Lecture 3.</b> * Alcohol use disorder	16/01/27	2.00pm - 4.30pm	IMH Education Hub
		<b>Lecture 4.</b> * I. Pathological Gambling & Behavior Addictions II. 12 Step Groups & Other Therapeutic Strategies	23/01/27	2.00pm - 4.00pm	IMH Education Hub
				4.00pm - 5.00pm	IMH Education Hub
<b>Course Examination</b>	06/03/27	2.00pm - 2.30pm	IMH Education Hub		
<b>COURSE 4: CHILD &amp; ADOLESCENT MENTAL HEALTH INCLUDING LEARNING DISABILITIES</b>	<b>06/03/27 TO 30/04/27</b>	<b>Lecture 1.</b> * Introduction and behaviour problems in children * Emotional disorders	06/03/27	2.45pm - 5.30pm	IMH Education Hub
		<b>Lecture 3.</b> * Psychosocial Interventions in children and adolescents	20/03/27	2.00pm - 5.00pm	IMH Education Hub
		<b>Lecture 4.</b> * Case Studies and Discussions workshop	27/03/27	2.00pm - 5.00pm	IMH Education Hub
		<b>Course Examination</b>	08/05/27	2.00pm - 2.30pm	IMH Education Hub
		<b>COURSE 5: PSYCHOGERIATRIC</b>	<b>08/05/27 TO 30/06/27</b>	<b>Lecture 1.</b> * Anxiety Disorders, Sleep Disorders and Somatization in the Elderly	08/05/27
<b>Lecture 2.</b> * Grief and Bereavement	15/05/27			2.00pm - 4.00pm	IMH Education Hub
				4.00pm - 6.00pm	IMH Education Hub
<b>Lecture 3.</b> * Psychotic Disorders in the Elderly	22/05/27			2.00pm - 4.00pm	IMH Education Hub
<b>Lecture 4.</b> * Mental Capacity Assessment				4.00pm - 6.00pm	IMH Education Hub
<b>Lecture 5.</b> Mild Cognitive Impairment & Dementia	03/07/27			2.00pm - 2.30pm	IMH Education Hub
<b>Course Examination</b>	03/07/27	2.00pm - 2.30pm	IMH Education Hub		
<b>COURSE 6: PERSONALITY DISORDERS &amp; PSYCHOLOGICAL THERAPIES</b>	<b>03/07/27 TO 31/08/27</b>	<b>Lecture 1.</b> * Managing Borderline and Antisocial Personality Disorders in General Practice	03/07/27	2.45pm - 5.45pm	IMH Education Hub
		<b>Lecture 2.</b> * Psychological Treatment for Addictive Disorders	10/07/27	2.00pm - 5.00pm	IMH Education Hub
		<b>Lecture 3.</b> * Cognitive Behavioral Therapy	17/07/27	2.00pm - 4.00pm	IMH Education Hub
		<b>Course Examination</b>	04/09/27	2.00pm - 2.30pm	IMH Education Hub
<b>Final Examination</b>			<b>23/10/27</b>	<b>2.00pm - 4.00pm</b>	<b>NUS</b>

\* There will case discussion assessment incorporated in the lecture. Case discussion assessment is a requisite to the course examination.

Note: Students have to achieve 75% lecture attendance for all courses to be eligible for the course examinations.