

Be a CHAT Ambassador

Make a real difference in Singapore's
youth mental health scene



HOW CAN YOU CONTRIBUTE?

As a CHAT Ambassador, you'll play a vital role in shaping how youth mental health services can better support young people in Singapore — from behind the scenes.

Areas that you can help shape

- Lead service improvement projects to close mental health service gaps
- Contribute behind the scenes to shape CHAT's strategies and outreach
- Represent youth voices in mental health spaces — through roadshows, collaborations, and more

Takeaway experience from volunteering

- Hands-on training in:
 - Mental health topics and peer-helping skills
 - Public speaking
 - Project management
- Opportunities to collaborate at events, conferences, and community outreach
- A platform to share your perspective and ideas that matter

Requirements

Age

16-30 Years old

Commitment Period

June 2026 to February 2027

Participation

Monthly meetings & relevant Trainings

Qualities

**Motivated, team-oriented,
passionate about creating change**

**Scan to
register now**



**Last day of application
29 May 2026, Friday**



@letschatsg

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