

EMDR Seminars Frequently Asked Questions (FAQ)

1. What are the dates and times of the seminars\workshops?

Master Level Training workshop:

19–23 Aug 10 (Thur – Mon); **Time:** Thursday, 1pm – 5pm; Friday 9am – 4pm; Saturday – No master class workshop; Sunday 9am – 4pm; Monday 9am – 12.30pm

Basic Part 1 Training workshop (W1):

24-26 Aug 10 (Tue – Thur); **Time:** 9am – 5pm

Basic Part 2 Training workshop (W2):

27-29 Aug 10 (Fri – Sun); **Time:** 9am – 5pm

2. When is the closing date of registration?

5 August 2010

3. Is there a group registration discount?

There is no group registration discount.

4. Where can I obtain the registration form?

To obtain the registration forms, please email either Dr Patricia Yap (Patricia_MEH_Yap@imh.com.sg) or Joanna Yao (Joanna_xj_Yao@imh.com.sg)

5. Can I attend the Basic Level Part 2 if I have attended the Basic Level Part 1 Training workshop with another EMDR trainer before?

Yes, it is possible, but you will need to provide proof of attendance/accreditation of Basic Level Part 1 Training. Please provide softcopies (e.g., in Adobe pdf format) of your accreditation in your application.

6. When are the dates for the 5 hours practical supervision for the Basic Level Part 1 and Basic Level Part 2 Training Workshops?

For Basic Level Part 1 Training, Group Supervision 1: 27 Nov 2010 Sat (Venue: IMH. Room and times to be advised by email), Group Supervision 2: 26 Feb 2011 Sat (Venue: IMH. Room and times to be advised by email).

For Basic Level Part 2 Training, Group Supervision 1: 28 Nov 2010 Sun (Venue: IMH. Room and times to be advised by email), Group Supervision 2: 27 Feb 2011 Sun (Venue: IMH. Room and times to be advised by email).

There is no group supervision required for Master Level Training workshops.

7. Can I have different supervision dates for the Basic Part 1 and Basic Part 2 Level Training Workshop?

Unfortunately, the group supervision dates will not be changed to cater or accommodate to individual preferences. If you are unable to attend the supervision dates, you may be able to make it up with another EMDR-certified trainer entirely on your own discretion and arrangement. However, you are advised to check with the EMDR Institute at www.emdr.com as to the possibility of the arrangement and feasibility of the accreditation process.

8. Is it compulsory for me to attend the practical group supervision sessions?

Yes, it is the requirements of the EMDR institute for you to attend the supervision sessions in order for you to be awarded the certificate for basic part 1 and basic part 2 level training.

9. If I am coming to Singapore from overseas, are accommodations provided? If not, any recommendations?

Accommodations and board are not included in the training fees, and the organizers will not make any provision for accommodation. The Institute of Mental Health is located in the vicinity of Hougang and is about 20 to 30 minutes (depending on traffic conditions) by drive or taxi from the city. Any reasonably-priced hotel located in the city (e.g., Waterfront Copthorne) will give good access to the venue. Another alternative venue to consider for accommodation is the vicinity surrounding Changi Village where the accommodation can be slightly cheaper (e.g., Changi Village hotel) but with tradeoffs for entertainment, night spots and distance to IMH (30-40 minutes) as compared to city hotels. Taxi fares from the city or Changi to IMH can typically set you back \$15 to \$25 per trip.

10. What is EMDR Singapore?

EMDR Singapore is a registered society for EMDR practitioners. The objective is to provide training and to raise public awareness for EMDR. If you are interested in the different membership categories or your eligibility for membership, you can obtain a copy of the constitution from secretary.emdr.sg@gmail.com

For further clarifications about EMDR Singapore, you can direct your enquires towards enquiries.emdr.sg@gmail.com.

11. Is EMDR Singapore linked to the organizers of this EMDR Seminar@IMH?

EMDR Singapore is an independent society that maintains an administrative structure and finance account separate from IMH.

12. How do I qualify for a EMDR Singapore discount?

To qualify for EMDR Singapore discount of \$100, please make your cheque of \$30 payable to EMDR Singapore **before 23rd July 2010** and address to: EMDR Singapore (c/o the Treasurer), 56 Lorong M Telok Kurau, #01-03 Melinia Court, Singapore 425354. On the back of the cheque, provide your personal particulars including your Full Name and Contact information (mobile, email address).

Once your membership application is processed by EMDR Singapore, you will receive an acknowledgement, as well as a membership application form, by email from the Treasurer of EMDR Singapore, and you can proceed to make the discounted payment with the EMDR registration form.

13. Who are the trainers for the EMDR Seminar 2010?

This information has been included under the other file we have sent you "EMDR Seminars 2010". Please refer to that document for more information.

14. Is there VCF subsidy available?

Approval for the VCF subsidy is currently pending. Please register yourself first so we can reserve a place for you. Once we have obtained the approval, we will contact you to obtain additional details.

* **Note:** The VCF subsidy is only applicable to staff and volunteers of NCSS member/MCYS Funded Voluntary Welfare Organizations (VWOs).